

SUPPORT FOR FOREIGNERS AT IIMCB

The International Institute of Molecular and Cell Biology in Warsaw (IIMCB) offers extensive support to its international employees as well as students of doctoral school or trainees, through the Human Resources Unit. We understand that moving to a new country can be both exciting and challenging. Our Human Resources Unit is dedicated to providing comprehensive support for foreigners to ensure a smooth transition and a successful start at IIMCB. Whether you need assistance with visa and residency procedures, housing, insurance or understanding Polish legal rules, dedicated person from our team is here to help you in every step of the way. Explore our resources and services tailored to meet the unique needs of international researchers and other staff, and make your experience at IIMCB as comfortable and enriching as possible.

Types of Support for Foreigners

If you're planning to join our Institute or are already a part of our scientific community, you can rely on our support. Below is a list of formalities that dedicated person from our HR team can assist you with. Feel free to ask for help with any other issues you may encounter.

Type of Support	Details
Visa Procedure	Assistance with navigating the visa application process.
City Card for Public Transportation	Help in obtaining a city card for using public transport in Warsaw.
Opening a Polish Bank Account	Guidance in setting up a bank account in Poland.
PESEL Registration	Assistance with registering your identification number (PESEL).
Health Insurance Registration	Help with registering for public health insurance (NFZ).
Submission of ZUS DRA Documents	Monthly preparation and submission of required documents to the Social Security Office (ZUS).
Medical Clinic Registration	Assistance with registering at a local medical clinic.
Doctor's Appointment	Help in ordering a doctor's appointment.
Finding and Renting an Apartment	Assistance in finding an apartment and finalizing the lease agreement.
Temporary Residence Permit Application	Guidance through the application process for a temporary residence permit and obtaining a residence card.
Visa Procedures for Business Trips	Help with visa procedures for business trips to other countries.
Finding Childcare or Schools	Assistance in finding a nursery, kindergarten, or school for your child.
Monthly Online Meetings	Regular online meetings to discuss various issues faced by international staff and students.
Emergency Medical Support	Access to an emergency call service with a specialist for unexpected medical emergencies.